

Liberty Panther Wrestling Practice Calendar

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 EWC Practice @ JDWC 6-8 pm	3 Outside on the track 3-4:20 <i>Dress Accordingly</i>	4 EWC Practice @ JDWC 6-8 pm	5 Liberty WRESTLING 3-5:15 Annex Gym	6 Liberty WRESTLING 3-5:15 Annex Gym	7
8	9 EWC Practice @ JDWC 6-8 pm	10 Liberty WRESTLING 3-5:15 Annex Gym	11 EWC Practice @ JDWC 6-8 pm	12 University of Illinois Vs. Missouri TBA	13 Liberty WRESTLING 3-5:15 Annex Gym	14
15	16 EWC Practice @ JDWC 6-8 pm	17 Liberty WRESTLING 5:15-7:15 Annex Gym	18 EWC Practice @ JDWC 6-8 pm	19 Liberty WRESTLING 3-5:15 Annex Gym	20 Liberty WRESTLING 3-5:15 Annex Gym	21
22	23 Liberty WRESTLING 3-5:15 Annex Gym	24 Liberty WRESTLING 9:00-11:00 am Annex Gym	25 Liberty WRESTLING 9:00-11:00 am Annex Gym	26	27	28
29	30 Liberty WRESTLING 5:15-7:15 Annex Gym					

Liberty Panther Wrestling Practice Calendar

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Liberty WRESTLING 5:15-7:15 Annex Gym	2 Liberty WRESTLING 3-5:15 Annex Gym	3 Liberty WRESTLING 3-5:15 Annex Gym	4 Liberty WRESTLING 5:15-7:15 Annex Gym	5 EWC Beginner's Tournament @ Lincoln
6	7 Liberty WRESTLING 3-5:15 Annex Gym	8 Liberty WRESTLING 3-5:15 Annex Gym	9 Liberty WRESTLING 3-5:15 Annex Gym	10 Liberty WRESTLING @ JDWC 3-5:15 (EWC Night)	11 Liberty WRESTLING 5:15-7:15 Annex Gym	12
13	14 Liberty WRESTLING 3-5:15 Annex Gym	15 Liberty WRESTLING 3-5:15 Annex Gym	16 Meet away at Triad 4:00	17 Liberty WRESTLING @ JDWC 3-5:15 EHS vs. Granite City -Pack the Gym	18 Liberty WRESTLING 3-5:15 Annex Gym	19 Union County Christmas Duals @ Union County Middle School
20	21 Liberty WRESTLING 9-11 am Annex Gym	22 Liberty WRESTLING 9-11 am Annex Gym	23 Liberty WRESTLING 9-11 am Annex Gym	24 Christmas Eve	25 Merry Christmas!	26
27	28 Liberty WRESTLING 9-11 am Annex Gym	29 <i>Liberty Wrestling 9-10:30 am Annex Gym Meet Away at Millstadt 4 pm</i>	30 Liberty WRESTLING 9-11 am Annex Gym	31 Liberty WRESTLING 9-11 am Annex Gym		

Liberty Panther Wrestling Practice Calendar

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					¹ Liberty WRESTLING 9-11 am Annex Gym	² Edwardsville Kids Open @ EHS
³	⁴ Liberty WRESTLING 3-5:15 Annex Gym	⁵ Liberty WRESTLING 3-5:15 Annex Gym	⁶ Meet away at O'Fallon 4:00	⁷ Liberty WRESTLING 5:15-7:15 Annex Gym	⁸ Liberty WRESTLING 3-5:15 Annex Gym	⁹ Jon Davis Invite @ Lincoln Middle School
¹⁰ IKWF Dual Team Sectional @ Lincoln	¹¹ Liberty WRESTLING 3-5:15 Annex Gym	¹² Liberty WRESTLING 3-5:15 Annex Gym	¹³ Meet away at Roxana 3:30	¹⁴ Meet at Home vs. GC Grigsby Main Gym 3:30	¹⁵ Liberty WRESTLING 3-5:15 Annex Gym	¹⁶ IKWF Jon Davis Kids Open Weigh-In @ Peoria
¹⁷ IKWF Jon Davis Kids Open @ Peoria	¹⁸ Liberty WRESTLING 9-11 am Annex Gym	¹⁹ Meet at Home vs. Bethalto Main Gym 3:30	²⁰ Meet at Home vs. GC Coolidge Main Gym 3:30	²¹ Meet away at Lincoln 3:30	²² Liberty WRESTLING 5:15-7:15 Annex Gym	²³
²⁴	²⁵ Meet at Home vs. Litchfield Main Gym 4:00	²⁶ Meet at Home vs. Millstadt 4:00 Annex Gym	²⁷ Liberty WRESTLING 3-5:15 Annex Gym	²⁸ Meet at Home vs. Alton Main Gym 3:30	²⁹ Liberty WRESTLING 5:15-7:15 Annex Gym	³⁰ George Nemeth Invite @ Granite City High School
³¹ IKWF Dual Team State @ TBD						

Liberty Panther Wrestling Practice Calendar

February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	¹ Liberty WRESTLING 3-5:15	² Meet away at GC Grigsby 4:00	³ Meet away at GC Coolidge 4:00	⁴ Meet away at Bethalto 3:30	⁵ Meet away at Alton 3:30	⁶
⁷ * Special Practice @ JDWC 6-7:30 pm	⁸ Liberty WRESTLING 3-5:15	⁹ Meet at Home vs. Roxana 3:30 Main Gym	¹⁰ Meet at Home vs. Lincoln 3:30 Main Gym	¹¹ Meet at Home vs. Mascoutah & Collinsville 4:00 Main Gym	¹²	¹³
¹⁴ * Special Practice @ JDWC 6-7:30 pm	¹⁵ EWC Practice @ JDWC 5-6 pm Weight Training 6-8 pm Practice	¹⁶ Circuit Training @ JDWC 3-5 pm	¹⁷ EWC Practice @ JDWC 5-6 pm Weight Training 6-8 pm Practice	¹⁸	¹⁹	²⁰
²¹ * Special Practice @ JDWC 6-7:30 pm	²² EWC Practice @ JDWC 3-5:15	²³ No Practice- Rest!!	²⁴ EWC Practice @ JDWC 3-5:15	²⁵ EWC Practice @ JDWC 3-5:15	²⁶ Regional Weigh-In @ Lincoln 4:30-6pm	²⁷ IKWF Regional @ Lincoln
²⁸						

Liberty Panther Wrestling Practice Calendar

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> EWC Practice @ JDWC 3-5:15	<i>2</i> EWC Practice @ JDWC 3-5:15	<i>3</i> EWC Practice @ JDWC 3-5:15	<i>4</i> EWC Practice @ JDWC 3-5:15	<i>5</i> IKWF Sectional Weigh-In @ JDWC	<i>6</i> IKWF Sectionals @ Vandalia
<i>7</i>	<i>8</i> EWC Practice @ JDWC 3-5:15	<i>9</i> EWC Practice @ JDWC 3-5:15	<i>10</i> EWC Practice @ JDWC 3-5:15	<i>11</i> IKWF State Tournament Weigh-In at Rockford	<i>12</i> IKWF State Tournament @ Rockford	<i>13</i> IKWF State Tournament @ Rockford
<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i>
<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i>	<i>29</i>	<i>30</i>	<i>31</i>			